

Flowsheet for LOW Recurrence Risk* PTC/FTC Patients

Patient Name: _____ HSC: _____ L or R hemithyroidectomy/Total (circle) : _____

Completion hemithyroidectomy: _____

Post-Operative (unstimulated) Tg: _____ ug/L

☐RAI Administered? Dose:_____ mCi Date:_____ ☐HypopPTH? Date Ca support discontinued:_____

| | 1 mo | 3 mo | 6 mos | 9 mos | 12 mos | 15 mos | 18 mos | 21 mos | 24 mos | 30 mos | 36 mos | 42 mos | 48 mos | 54 mos | 60 mos |
|----------------------------|------|------|-------|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| Date Due: | | | | | | | | | | | | | | | |
| Levothyroxine dose (mcg) | | | | | | | | | | | | | | | |
| Serum TSH | | | | | | | | | | | | | | | |
| Free T4 | | | | | | | | | | | | | | | |
| Unstim. Tg | | | | | | | | | | | | | | | |
| Anti-Tg | | | | | | | | | | | | | | | |
| Stimulated Tg | | | | | | | | | | | | | | | |
| Anti-Tg | | | | | | | | | | | | | | | |
| Diagnostic Whole Body Scan | | | | | | | | | | | | | | | |
| Neck Ultrasound | | | | | | | | | | | | | | | |

*“Low Risk”→ Tumour is confined to the thyroid gland with no LN metastases, or incidentally discovered central neck (level VI) metastases <1cm.

ATA Surveillance Guidelines for Low Risk Patients:

- TSH Goal – 0.5 – 1.0 mIU/L
- U/S at 6 months post-op & then annually for 5 yrs, TFT’s and unstimulated Thyroglobulin every 3-6 mos for 2 yrs and then annually