

## Instructions for Radioactive Iodine Ablation Treatment (Graves Patients)

For: \_\_\_\_\_

1) Stop taking PTU or Tapazole/MMZ medication on \_\_\_\_\_.

2) On \_\_\_\_\_ come to Sick Kids to the blood work clinic on the main floor (located beside Shopper's Drug Mart) to have your blood work taken, before you have your nuclear medicine appointment (see appointment time below). The paper work is found inside this package.

Then at \_\_\_\_\_ go to the nuclear medicine department (2<sup>nd</sup> floor Elm Wing) for your radioactive iodine medication. Please make sure there is **NOTHING TO EAT OR DRINK** past \_\_\_\_\_.

**\*\*please note that blood work must be done BEFORE you take the radioactive medicine!**

3) On \_\_\_\_\_ @ \_\_\_\_\_ go to nuclear medicine department (2<sup>nd</sup> floor Burton Wing) for your thyroid scan. There are no food/drink restrictions for this appointment.

4) Visit to Sick Kids on \_\_\_\_\_ @ \_\_\_\_\_ and please go to nuclear medicine for your Radioactive Iodine Ablation therapy dose (2<sup>nd</sup> floor Burton Wing). **NOTHING TO EAT OR DRINK PAST** \_\_\_\_\_.

5) Start taking your thyroid medication (PTU or Tapazole/MMZ) on \_\_\_\_\_.

6) Visit to Sick Kids on \_\_\_\_\_ at \_\_\_\_\_ to see Dr. \_\_\_\_\_ in the endocrine clinic (Clinic #9, main floor Burton Wing).

Any questions? Bailie Tabak, RN @ 416-813-7654 x 201299 or email at [bailie.tabak@sickkids.ca](mailto:bailie.tabak@sickkids.ca)